

North Bay Country Dance Society  
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# HANDS FOUR



line art by Becky Hill

THE NEWSLETTER OF THE NORTH BAY COUNTRY DANCE SOCIETY

## Sizzlin' Summer Dances

This summer will bring some hot music and dancing. Study the calendar carefully as some of our regular dance dates have changed to make room for special dances. These dances are well worth the special prices of \$10 members, \$12 non-members and \$7 full-time students with ID.

After dazzling campers at American Week, Hammer & String will delight dancers in San Rafael on July 10. Musicians, Rhys Jones (fiddle, banjo, guitar), Cleek Schrey (fiddle, piano) and John Herrmann (banjo, guitar, fiddle, bass) perform American and Irish traditional music spanning continents and centuries. Exploring the cross-Atlantic boundaries between Appalachia and Ireland, they perform dance music that has been set free from the traditional rules. This crew recently took first place in the Clifftop Traditional Band Contest – the pinnacle of old-time music honors. Our caller for the evening, Will Mentor, is known for his clarity and energy. His calling will delight you as he guides you through both sensuous and energetic contras, with a few brain-teasers thrown in for good measure.

For your dancing pleasure—come enjoy the Groovemongers in San Rafael before Balance the Bay on August 11. For the past 14 years, Rebecca McCallum (fiddle), C.W. Abbott (mandolin), Jane Knoeck (keyboard, accordion), and Mark Hellenberg (banjo uke, percussion) have been thrilling contra dancers with a world beat approach to dance music. Pioneers of groove contra, the band works with caller, Steve Zakon-Anderson, to create a great dance experience, expertly matching tunes to dances. Steve has been a fixture of the New England contra dance scene for over 25 years. Come enjoy these great nights of dancing!

## Marin English Country Dance Series

There has been such a good response from both NBCDS members and new dancers that the San Rafael's English Country Dance series will continue through the summer with monthly 3rd Wednesday dances. In most cases the dances will be called/taught by Kalia Kliban, and will feature musicians from the Bay area. The San Rafael Recreation Department continues as sponsor for these dances through October, perhaps longer. See the calendar for exact dates. NBCDS dancers are welcome to drop-in to any dance, or can be taken as a series (register with the SF Rec Department, 415-485-3333). Registration is recommended for new dancers. Thanks to all NBCDS members for supporting this new venue, and welcome new Marin dancers!

## Ms. Contra Manners says, "Easy Does It"

Remember the days when you were a new dancer and contra dancing was dizzying and confusing? Ms. Contra Manners says new dancers need more than encouragement and support, they also need a gentle lead and slower pace. It does not impress newcomers to twirl and spin them until they become nauseous and disoriented. It is a GENTLE lead they need the first few times!! Remember, what we want is to encourage new dancers to want to come back and become accomplished dancers. Trying to impress them with your dance skills only leaves them feeling inadequate.

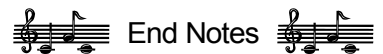
Do you have a pet peeve that needs to be shared with other dancers? Ms. Contra Manners may be able to help. Send your suggestions, comments or questions to stacy@nbcds.com

## Volunteer Recognition Dance

At the San Rafael dance on July 10, the NBCDS board and the Volunteer Committee will host the first of a series of dances recognizing the invaluable work of our numerous volunteers who are essential to the functioning of our dances and the health and happiness of our dance community. You can help! Come out to our first appreciation dance on July 10 and thank our volunteers for making dances possible.

## American Week—July 3-8

You are in luck—there is still room at American Week. Don't miss out on the fabulous music, great dancing and all of the fun. Go to [www.bacds.org](http://www.bacds.org) for details.



*Everything in the universe has rhythm.  
 Everything dances.*

~ Maya Angelou

## 2011 NBCDS Board of Directors

Susan Amato.....	susan@nbcds.org.....	829-7292
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# North Bay Dance Calendar: Summer 2011

NBCDS DanceLine: (707) 527-9794 email: [info@nbcds.org](mailto:info@nbcds.org) [www.nbcds.org](http://www.nbcds.org)

English Country Dances (ECD) meet the 1st and 3rd Sundays, 2–4:30 pm, at Wischemann Hall, 460 Morris St., Sebastopol  
Admission is \$8/NBCDS members, \$10 non-members, and \$3 for children.  
Call 707-829-0168 for more information or contact [kalia@nbcds.org](mailto:kalia@nbcds.org) or [kwoeltjen@yahoo.com](mailto:kwoeltjen@yahoo.com).

Regular dance admission: \$10 adults, \$8 members, \$5 Adults under 25 and FT students with ID, \$2 ages 6–17, under 6 free  
Come a half hour early to every dance for a newcomers lesson.

Key to Hall Locations and Contacts for Contra dances:

PET 1st Sun Petaluma Woman's Club, 518 B Street, Petaluma; 6:30 – 9:30 pm; 707-823-4982, [tom@nbcds.org](mailto:tom@nbcds.org)  
SRF 2nd Sat Marin Masonic Lodge, Lootens Place @ Fourth, San Rafael; 8:00 – 11:00 pm; [andy@nbcds.org](mailto:andy@nbcds.org)  
SRO 3rd Fri, 5th Sat Monroe Hall, 1400 W. College Ave., Santa Rosa; 8:00 – 11:00 pm; 707-545-1274, [contrabeet43@gmail.com](mailto:contrabeet43@gmail.com)  
SEB 4th Sat Wischemann Hall, 460 Morris Street, Sebastopol; 8:00 – 11:00 pm; 707-569-0565, [mike.fynan@gmail.com](mailto:mike.fynan@gmail.com)  
UKI\* 2nd Sat Ukiah Methodist Church, 270 North Pine, 7:00 – 10:30 pm; Ulla Brunnerberg-Rand, 707-467-0311; \$8 adults, \$6 teens

\* dances are not sponsored by NBCDS

Apple Tree Morris dancers meet weekly and welcome new members - no experience necessary. Call or email Cliff Stevens, 823-6925, [cliff@kichu.com](mailto:cliff@kichu.com)



## July

Sun 3	English	SEB	Mary Luckhardt	Chuck Ward (piano), Jon Berger (violin), Michael Siemon (concertina)
Sun 3	Contra	PET	Celia Ramsay	<b>West Road:</b> Laura Smith (fiddle), Darin Smith (cello, guitar), Kenny Blacklock (piano)
Sun 10	Contra	SRF	Will Mentor (VT)	<b>Hammer &amp; String:</b> Rhys Jones (fiddle, banjo, guitar) (VA), John Herrmann (banjo, guitar, fiddle, bass) (NC), Cleek Schrey (fiddle, piano) (VA) <b>Please note special prices - \$10/\$12/\$7; special day; special time -7:30-10:30</b>
Fri 15	Contra	SRO	Tina Fields	<b>String Fire:</b> Michelle Levy (fiddle), Patti Cobb (piano), Erik Levins (bass)
Sun 17	English	SEB	Alan Winston	Debra Tayleur (piano), Elizabeth Miranda (flute), Jon Berger (violin)
Wed 20	English		Kalia Kliban	Band TBD, 7-9:30 pm, San Rafael Community Center, 618 B Street, San Rafael. Contact 415-485-3333
Sat 23	Contra	SEB	Susan Petrick	<b>Road Oilers:</b> Mike Drayton (fiddle), Jon Pederson (banjo, fiddle), Perry Fly (guitar, bass), Chuck Wiley (bass)
Sat 30	Contra	SRO	Warren Blier	<b>Ratnip:</b> Caroline McCaskey (fiddle), Cole Ingraham (flute, djemba), Howard Booster (fiddle) CHALLENGING CONTRA DANCE- NOT FOR BEGINNERS
Sun 31	English	SEB	Kalia Kliban	<b>Midnight Smorgasbord:</b> Erin Vang (brass), Jon Berger (violin), Noel Cragg (piano)

## August

Sun 7	English	SEB	Gary Thomas	Laurie Reaume (piano), Becca Richman (violin), Riggy Rackin (concertina)
Sun 7	Contra	PET	Mavis McGaugh	Chris Knepper (fiddle), Charlie Hancock (piano)
Thu 11	Contra	SRF	Steve Zakon Anderson(MA)	<b>The Groovemongers:</b> Rebecca McCallum (fiddle) (NY), C.W. Abbott (mandolin) (RI), Jane Knoeck (keyboard, accordion) (NY), Mark Hellenberg (banjo uke, percussion) (OH) <b>Please note special prices - \$10/\$12/\$7; special day; special time—7:30-10:30</b>
Wed 17	English		Kalia Kliban	Band TBD, 7-9:30 pm, San Rafael Community Center, 618 B Street, San Rafael. Contact 415-485-3333
Fri 19	Contra	SRO	Susan Petrick	Chris Knepper (fiddle), Erik Hoffman (guitar)
Sun 21	English	SEB	Ric Goldman	<b>The Fynan Companions:</b> Nanette Fynan (violin), Nora Guthrie (violin), Phil Fynan (recorder), Steve Teel (recorder), Ben Fynan, (keyboard)
Sat 27	Contra	SEB	Lea Smith	<b>Contrazz:</b> Ann Gilleran (fiddle), Pat Gilleran (bass), Rob Crummett (guitar)

## September

Sun 4	English	SEB	David Newitt	<b>The Humus</b>
Sun 4	Contra	PET	Lea Smith	<b>Ray Bierl Trio:</b> Ray Bierl (fiddle), Erik Pearson (banjo), Alan Senauke (guitar)
Sat 10	Contra	SRF	Karen Fontana	<b>Peak Nouveau:</b> Sarah Kirton (fiddle), Paul Clarke (mandolin, banjo), Peter Tommerup (mountain & hammer dulcimer), Karl Franzen
Fri 16	Contra	SRO	Chuck Galt	<b>Angell Brothers:</b> Thomas Angell (fiddle, guitar), Barry Angell (mandolin, banjo)
Sun 18	English	SEB	Sharon Green	Rebecca King (piano), Erik levins (cello), Jon Berger (violin)
Wed 21	English		Kalia Kliban	Band TBD, 7-9:30 pm, San Rafael Community Center, 618 B Street, San Rafael. Contact 415-485-3333
Sat 24	Contra	SEB	TBD	TBD

Contra dancing and English country dancing are easy, fun, friendly and inclusive. All dances are taught and prompted, and feature great live music. No experience is necessary; come alone or bring a friend. Wear comfortable clothes and low, smooth-soled, comfortable shoes. Scent-free dancing appreciated! New dancers are encouraged to come early for an orientation, and for simpler dances early in the evening. To see what contra dancing is all about before you attend a dance you can go online to [http://www.conradance.org/html/what\\_is.php](http://www.conradance.org/html/what_is.php) for video lessons.