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HANDS FOUR



THE NEWSLETTER OF THE NORTH BAY COUNTRY DANCE SOCIETY

line art by Becky Hill

Getting to Know You

Many of us have danced with people for years without knowing what they do in other parts of their life. Carpooling is a way to get to know your fellow dancers better and save money! Individually, some of us have set up carpools from different cities. Let's enlarge this practice to help all.

Here are some carpooling tips from Marlene, one of our seasoned coordinators:

- Always meet at the same place, such as a big hotel parking lot.
- Try to be prompt to get to dances on time, or call the organizer's cell if you need to cancel.
- Sending email notices out three days before the dance has worked well.
- Ask people to only email back if they ARE going, not to decline, which saves everybody time.
- If the email leader is not going, they send emails, but include that it will be a leaderless carpool and ask people to "reply all."
- Establish a policy of always contributing to the driver's costs.
- Take turns driving.

These are the existing carpools:

- Santa Rosa to Petaluma and San Rafael Marlene at mahanmarlene@mac.com
- Sonoma to Petaluma, Wendy Metzler at wendymetz@sbcglobal.net
- Petaluma to Santa Rosa and possibly San Rafael, Cathy Clary at cathyclary@yahoo.com

Napa to Santa Rosa and Petaluma is in the organizational stage. It would be great to have an organizer from San Rafael or YOUR town to other Northbay dances! If interested, contact Marlene, a Board member or dance manager.

Carpools are not sponsored by NBCDS.

Winter Special Dances

There are some great special dances this coming quarter to dance away your wintertime blues. Out of town talent will be visiting: Bonfire with Susan Michaels calling; and the Syn-copaths with camp-favorite caller, Susan Kevra. Long-time local favorites, the Contrabandits, will reunite for a special dance. Check the calendar for these special dances. The Marin Masonic Hall will not be available this winter due to renovations, but we will continue to dance at other great Marin County dance halls. Watch closely for the location of the San Rafael dances.

Meetup with NBCDS

Did you know NBCDS uses **social media** to share the joys of Contra & ECD? A Facebook and Meetup presence is important to get the word out so that more people of all ages can join us. NBCDS has been on Facebook for years, and now is on Meetup.com. If you are already on Facebook, please post and upload photos on our page, and tell your friends about our Facebook page. Whether or not you are on Facebook, we need all dancers to join the **new NBCDS Meetup page**. It's called **North Bay Country Dance** and it's free and easy to join. Go to Meetup.com. If you are not already a member, click "Sign up" (upper right). In the search window, type "North Bay Country Dance" to navigate to our page, and then click the "Join us!" button. Or copy this into the URL: meetup.com/North-Bay-Country-Dance. **Tell your friends, and tell them to tell their friends.**

The Best Kept Secret in Dancing

How could contra dancing possibly be more fun? Live music, food, dancing, friends, and exercise-does it get any better? Yes it does. Elaine Walter, the new outreach coordinator for NBCDS is going to begin her term by sharing the best kept secret in our organization. Dancing is much more fun if you volunteer. That is why Elaine invites all of you to volunteer to help spread the joy of dancing to other potential dancers in the community. She has divided the outreach opportunities so that no one person has to spend more than an hour or two a month. Examples of these tasks include: taking publicity photos at dances; distributing flyers to a specific location once every three months; placing an ad in one of the free media outlets in our area. Do you have any other ideas about how to share the joy of dancing? Elaine will be talking to as many of you as she can, but the best jobs go fast so feel free to contact her at ewalter@live.com for a list of available jobs. Thanks to Mark Harrington, Laura Tighe & Marlene Mahan for already signing up.

2012/13 NBCDS Board Members

Lenore Cantrell, Vice President.....	933-9740
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Emily Shaul.....	emilys@nbcds.org 526-0854
Andy Westbom, Treasurer.....	526-5643
andy@nbcds.org	

North Bay Dance Calendar: Winter 2013

Key to Hall Locations and Contacts:


PET	1st Sun	Petaluma Woman's Club, 518 B Street, Petaluma; 6:30 – 9:30 pm; 707-544-7036, craig@nbcds.org
SRF	2nd Sat	Unitarian Universalist Congregation of Marin, 240 Channing Way, San Rafael; 8:00 – 11:00 pm; skamato@hotmail.com
	Or alternate site:	Strawberry Reception Hall, 118 E Strawberry Dr, Mill Valley
SRFE	2nd & 4th Sun	Pickleweed Community Center, 50 Canal Street, San Rafael, 2:00—4:30 pm; \$10
SRO	3rd Fri, 5th Sat	Monroe Hall, 1400 W. College Ave., Santa Rosa; 8:00 – 11:00 pm; 707-545-1274, contrabeet43@gmail.com
SVBD*	3rd Sat	Barn Dance, Grange Hall, 18627 Sonoma Hwy, Boyes Springs; 7:00 – 10:00 pm; Under 26 free, all others \$5-7 Lauren 707-939-9999, lauren.sonoma@gmail.com
SEB Contra	4th Sat	Wischemann Hall, 460 Morris Street, Sebastopol; 8:00 – 11:00 pm
SEB ECD	1st & 3rd Sun	Wischemann Hall, 460 Morris Street, Sebastopol; 2:00 - 4:30 pm; 707-829-0168 or kalia@nbcds.org or kwoeltjen@yahoo.com
UKI*	2nd Sat	Ukiah Methodist Church, 270 North Pine, Ukiah; 7:00 - 10:00 pm; Ulla Brunnberg-Rand, 707-467-031

Regular NBCDS dance admission: \$12 adults, \$10 members; \$7 adults under 26, FT students with ID and financial hardship; \$2 ages 6–17; under 6 free
Come a half hour early to every dance for a newcomers lesson.

* dances are not sponsored by NBCDS

Apple Tree Morris dancers meet weekly and welcome new members - no experience necessary. Call or email Cliff Stevens, 823-6925, cliff@kichu.com

January

Sun 6	English SEB	Alan Winston	Hood, Wink, & Swagger: Gary Thomas (keyboard), Steve Wyrick (fiddle), Ron Wallace (recorder)
Sun 6	Contra PET	Mavis McGaugh	Lee Anne Welch (fiddle), Rebecca King (keyboard)
Sat 12	Contra SRF	Lynn Ackerson	The Crabapples: Marta Lynch (fiddle), Bob Silberstein (mandolin, piano), Norm Cotton (piano), Teresa Fife (bass) Note Location: Unitarian Church, 240 Channing Way, San Rafael
			
Fri 18	Contra SRO	Lea Smith	Whimsical: Janette Duncan (fiddle), Regan Hemphill (fiddle), Beth Christian (cello, fiddle), Debra Tayleur (piano)
Sat 19	Contra SVBD*	Dance cancelled for January—Hall not available—sorry to disappoint.	
Sun 20	English SEB	Sharon Green	Jon Berger (violin), Shira Kammen (keyboard), Michelle Levy (violin)
Sat 26	Contra SEB	Kalia Kliban	The Caffeinators: Jon Berger (fiddle), Noel Cragg (piano), Tony Blake (percussion)

February

Sun 3	English SEB	Kalia Kliban	Janette Duncan (violin), Debra Tayleur (keyboard), Maggie Moore (violin)
Sun 3	Contra PET	TBD Chuck Galt	TBD
Sat 9	Contra SRF	Susan Pleck	The Contrabandits: Chris Knepper (fiddle, gadulka, mandolin), Katherine Gardner, fiddle; Charlie Hancock, piano Note Location: Unitarian Church, 240 Channing Way, San Rafael
Fri 15	Contra SRO	Susan Michaels (L.A.)	Bonfire (L.A.): Bonnie Insul (flute, whistle, foot percussion), Frank Hoppe (fiddle), Richard Scher (keyboard, percussion)
Sat 16	Contra SVBD*	TBD	TBD
Sun 17	English SEB	Mary Luckhardt	Stan Kramer (violin), Susan Kramer (flute), Laurie Reaume (violin)
Sat 23	Contra SEB	Kelsey Hartman	TBD

March

Sun 3	English SEB	David Newitt	The Humuhumunukunukuapua'a and Strathspey Society Band
Sun 3	Contra PET	Alan Winston	Uncle Farmer: Ben Schreiber (fiddle), Mike Sokolovsky (guitar)
Fri 15	Contra SRO	Charlie Fenton	The Crabapples: Marta Lynch (fiddle), Teresa Fife (bass), Norm Cotton (piano), Bob Silberstein (mandolin, piano, percussion)
Sat 16	Contra SVBD	Ken Olcott	TBD
Sun 17	English SEB	Gary Thomas	Dan Reynolds (double bass), Jon Berger (violin), Becca Richman (violin), Noel Cragg (keyboard)
Sun 17	Contra SRF	Susan Kevra (TN)	The Syncopaths: Ryan McKasson (fiddle) (WA), Ashley Broder (mandolin)(L.A.), Jeff Spero (keyboard) (L.A.) Christa Burch (bodhran) (L.A.) Special St. Patrick's Day Dance, Special Hall, Special Prices Strawberry Reception Hall, 118 E Strawberry Dr, Mill Valley; \$12
Sat 23	Contra SEB	Mike Fynan	Contrazz: Ann Gilleran (fiddle), Pat Gilleran (bass), Rob Crummett (guitar)
Sat 30	Contra SRO	Chuck Galt	The Newts: Chris Knepper (fiddle), Noel Cragg (keyboard) CHALLENGING CONTRA DANCE- NOT FOR BEGINNERS

Contra dancing and English country dancing are easy, fun, friendly and inclusive. All dances are taught and prompted, and feature great live music. No experience is necessary; come alone or bring a friend. Wear comfortable clothes and low, smooth-soled, comfortable shoes. Scent-free dancing appreciated!